

“Have You Anything Here to Eat?”
Sustainable Food in a Changing Climate
Earth Day 2015

Christian Education Resources

Children’s Activity Ideas

Several activities on sustainability and food can be found in the resource, [Sacred Foods](#).

Children’s Moment/Sermon

- Begin by asking the children to name the kinds of bread they eat.
- Read *Bread, Bread, Bread* by Ann Morris
AND/OR
- Bring in many different types of bread (or print off pictures of different kinds of bread), trying to include some breads that are familiar and some that are not. Hold up the breads and give their names and talk about what they look like (long, short, round, etc). Allow the children to taste the bread. Say: *All over the world, in every country and community children eat bread. All over the world, in every church, Christians celebrate communion and come around the Lord’s Table. Bread connects us to each other and to God.*
- Prayer: Loving God, we give you thanks for bread to eat, especially (name the children’s favorite breads). When we eat bread, help us to think of children around the world and help us to give You thanks. Amen

Youth Activity Ideas

- Modify the “Provide for All People” activity from the [Sacred Food](#) curriculum.
- Have youth help plant a simple container garden that the youth will be responsible for tending for a designated period of time.
- Youth Discussion Ideas:
 - Have each youth list the top 3 foods you eat nearly every day. Then, write down from where those foods probably originated. Then estimate the mileage from where you live to where that food grows. How many miles did it travel? What do you think is the impact on climate change related to food transportation miles? Discuss if there is at least one item that is grown locally that you might be willing to eat instead of one of the items that comes from far away, or another way your food choices could be better for the earth.